

# **Course Outline**

## 5 November 2020

## **Session 1: Understanding yourself**

In the first session we guide you through a set of unique tools to assist you in obtaining a well-rounded view of yourself. You'll get to know your strengths, desires, values and how important they are in finding you the occupation that fits YOU like a glove.

## **12 November 2020**

#### **Session 2: Behavioural Preferences**

How do you prefer to communicate and absorb information? What comes to you naturally and where might you struggle in a workplace environment? Where do your preferences sit in relation to other people? These are the key questions that we help you answer over the duration of this session.

## **19 November 2020**

#### **Session 3: Personal Fulfilment**

What is fulfilment and how does it impact your professional world? Have you ever experienced fulfilment before? It's certainly an ideal worth aiming for and we help you do just that in this session.



#### **26 November 2020**

## **Session 4: Identifying the ideal role**

We use the information discovered about yourself during the first half of the course to navigate the vast sea of career options. We begin refining your focus regarding what roles are just right for you (and what to avoid!).

#### 3 December 2020

## Session 5: Preparing yourself to WIN

The nitty-gritty of resumes, cover letters and positioning statements broken down into manageable, easily applicable steps to maximise your chance of being considered for your desired role(s). We also discover what other obstacles to success might impede you in your journey.

#### **10 December 2020**

#### **Session 6: Interview Skills**

Using the practical expertise applied every day at OrgMent Talent Solutions, we have insider tips and tricks to get you through this often-daunting stage in the job-hunting process. More importantly, we show you how to determine if the company / workplace will meet YOUR needs and values.

#### **Outcomes:**

A clearer picture of yourself and the fabulous individual strengths and values that you hold. The confidence to look for career options that will nourish you on all levels.

We also supply you with an in-depth workbook. Here you'll have space to record all of the information you learn about yourself, the key points we cover in the program and anything that inspires you along the way. You'll have this fantastic resource to return to as needed.